



Consulting Rooms:

The Grange Practice
Level 1, Suite 2
3 Days Road (Cnr Gilbert Rd)
GRANGE QLD 4051
Australia

DipT, BEd, GradDipCouns, MEdSt, PhD, M.A.P.S.

Counselling, Consulting & Clinical Psychologist

Contact:

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Professional Disclosure Statement

*I am a counselling professional who works exclusively with adult patients experiencing a range of personal challenges. With a positive, friendly, practical, integrated style, I have nearly 30 years professional experience with children, adolescents, couples, families, groups and organisations in Australia, Italy and the USA. As a Clinical Psychologist consultation fees may be reimbursed via health funds or through Medicare if sessions are part of a GP's **Mental Health Treatment Plan** or a Psychiatrist's **Assessment and Management Plan**. To discuss your needs or clarify services offered, please contact me.*

Scope of Practice

- Individual Adult Therapy and Couples Counselling
- Relationships, Depression, Anxiety, Grief, Workplace Issues
- Wellbeing, Self-Esteem, Stress Management
- Assessments and Medico-Legal Reports
- Clinical Supervision and Consultation
- Mediation, Professional Development and Training

Education

- Accreditation for Psychiatric Impairment Rating Scale (Royal North Shore Hospital) – University of Sydney
- Postdoctoral Practica in Family Therapy (Rome) – *Accademia di Psicoterapia della Famiglia*
- Certificate in Relationship Education – *Centacare*
- Doctor of Philosophy (Counselling/Psychology) – *The Ohio University*
- Master of Educational Studies (Guidance/Counselling) – *The University of Queensland*
- Graduate Diploma in Counselling – *Queensland University of Technology*
- Bachelor of Education (Psychology/Religion) – *Australian Catholic University*
- Diploma of Teaching – *Queensland University of Technology*

Experience

- Australian Catholic University – *Senior Lecturer, Clinical Practicum Supervisor*
- Centacare – *Counsellor/Psychologist, Relationship Educator*
- Queensland University of Technology – *Lecturer*
- The Ohio University – *Teaching Associate in Counsellor Education, Counsellor Intern*
- Brisbane Catholic Education – *School/Guidance Counsellor, Teacher*

Affiliations

- Psychology Board of Australia
- Australian Psychological Society
- College of Clinical Psychologists
- Australian Association for Cognitive and Behaviour Therapy
- Australian and New Zealand Association of Psychiatry, Psychology and Law

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Academic
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Clinical
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Treatment

Counselling
Adult Psychotherapy
Couples Counselling
Family Consultation

Forensic
Court Reports
Medico-Legal
Non-Treating

Organisational
Consulting
Mediation
Workshops